

Sedation Instructions: *Before your Visit*

If requested by Dr. Midroni, the **Physician Examination Pre-Anaesthetic Form** (which can be downloaded from the **Forms** page under **Our Patients**) will need to be completed by your family physician prior to your sedation appointment. Print this form in the comfort of your home and bring to your MD/Physician to fill out.

Do not eat or drink anything from midnight the night preceding your appointment. This includes coffee, tea, juice, milk and water. Children may have apple juice or water only, up to 3 hours prior to the appointment.

You must arrange with a friend or family member to take you home by taxi or car. You can have them call the clinic at a specific time to arrange your pick-up. Adult patients are not permitted to drive after the appointment. Children must be accompanied by a parent or guardian.

Please call Dr. Midroni as soon as possible if you develop a cold, a persistent cough, influenza or a chest infection. If you have nausea or vomiting, a fever, or are still recovering from a recent illness (such as asthma), contact the office at least three business days before your appointment. At this time Dr. Midroni will review some options with you.

If you take daily medications prescribed by your family doctor, continue to take them on the day of your appointment with a very small sip of water unless advised otherwise by Dr. Midroni. If Dr. Midroni has prescribed medications which you should take before your appointment, please read the instructions carefully.

Do not consume alcohol for 24 hours prior to the appointment. Try not to smoke on the day of your appointment.

Wear loose comfortable clothing so that sleeves can be rolled fully up the arms. Please do not wear tight belts, ties, contact lenses, make-up or nail polish. Leave all valuables and jewelry at home.

Please make every effort to keep your scheduled appointment. If you need to reschedule your appointment, call our office as soon as possible or at least three business days in advance. This is so that we may offer your appointment time to someone in need. There may be a charge for a cancelled or missed appointment if sufficient notice is not given.

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Sedation Instructions: *Before your Visit (Continued)*

The performance of sedation or general anaesthesia for dental treatment is a specialty service. This treatment requires the presence of additional personnel (registered nurses), additional equipment, and the use of anaesthetic medications. All of these people and provisions are prepared specifically for you, well ahead of time. This dictates that the above instructions should be observed. These provisions also allow us to provide you and your family with quality dentistry in a comfortable and safe manner.

These instructions are to ensure your comfort, safety and welfare. Your cooperation is essential. If you have any last minute questions prior to your appointment, do not hesitate to call our office.

Dr. Ran Midroni

DDS, MSc(D), Dip. Anaesth., FADSA