

Sedation Instructions: *Children Receiving Anaesthesia*

If requested by Dr. Midroni, the **Physician Examination Pre-Anaesthetic Form** (which can be downloaded from the **Forms** page under **Our Patients**) will need to be completed by your family physician prior to your sedation appointment. Print this form in the comfort of your home and bring to your MD/Physician to fill out.

Please make sure that you keep your child with you at all times prior to your appointment. Many appointments have had to be rescheduled because a child quickly had a drink of milk or water while we were not looking. Consumption of any food or liquid before a general anaesthetic can cause severe complications and lead to death. Candies and gum count as food. Try to remove such food temptations from your child's reach.

Every effort is made to schedule early morning appointments for your child. If it will be difficult to keep your child away from food or drinks, please tell the receptionist who will do their best to provide you with the earliest appointment in the morning.

When talking to your child, do not discuss their dental treatment and upcoming appointment in great depth. In fact, speak positively about the upcoming experience and do not mention or stress needles or medicines. Try to gently remind your child of the events that will occur on the appointment day using words and stories which are similar to those used by Dr. Midroni or the nurse. On the consultation visit, Dr. Midroni will (or already did) explain everything to your child in a comforting and understandable way.

Once you are at home with your child, follow the same instructions as those provided for adults in the list of instructions for 'After Your Visit'. Your child must rest quietly for the remainder of the day and up to 24 hours following their appointment. Most children will sleep throughout the afternoon and early evening. They should not play outside or ride bicycles for the remainder of the day and possibly the next day too.

Eating and drinking instructions for your child are the same as those reviewed in the list of instructions for 'After Your Visit'. It is important that your child drink fluids frequently to prevent dehydration. While some nausea may occur and resolve by itself, if your child is vomiting frequently, please call our office or use the cellular telephone number 416 825-1311.

If your child is experiencing discomfort following the appointment, you can give them Children's Tylenol (assuming there is no allergy to this medication) or their usual pain medication (ie. Children's Advil). Please follow the directions for the medications that may be prescribed. If your child has had local anaesthetic (freezing), watch for lip and cheek biting. If a tooth has been extracted, encourage them to bite carefully on the gauze in order to control the bleeding. Please do not hesitate to call the office or Dr. Midroni directly (416 825-1311) if you have any concerns regarding your child's care or treatment.