

Home Care Instructions: Temporary Crown or Bridge

Congratulations! You are well on your way to owning a brand new crown or bridge. Crowns and bridges are an excellent investment and you have made the right decision to go ahead and protect your teeth with these strong and beautiful restorations.

At present, you are wearing a temporary crown or bridge. These are made of the latest temporary material and are held on with temporary medicated cements. The purpose of these temporaries is to protect, insulate and position your teeth while your permanent crown or bridge is being custom made by a laboratory. The appearance and strength of a temporary appliance, although adequate for a few weeks, does not approach that of your final appliance. Because of this, we ask that you take a few special precautions:

Please do brush and floss them daily; do eat regular foods; do not eat hard foods or sticky foods; do not chew gum, as it will stick to your temporary.

Your temporary crown or bridge may accidentally come off the tooth/teeth. They are intentionally glued on with relatively weak cement. This is to allow for an easy removal just prior to receiving the final restoration. Therefore, if they do come off, please keep the temporary and call us immediately so that we may re-cement it. If you are somewhere where you cannot contact a dentist, and the temporary crown or bridge comes off, go to a pharmacy and purchase some Fixodent. Clean out the temporary restoration and replace it on your tooth or teeth with some Fixodent placed in each crown that fits over a prepared tooth. If Fixodent is not available, regular toothpaste may be used in the same fashion until you can return to the office for further treatment.

It is important NOT to leave the temporary out of your mouth for an extended period of time. Your natural teeth surrounding the prepared teeth or the prepared teeth themselves could move and the final crown/bridge may not fit properly.

It is normal for your teeth, gums and jaw to be slightly tender after your preparation appointment. Keep yourself comfortable by taking whatever pain killer medication you would normally take for a headache or minor pain. Any tenderness or sensitivity should gradually disappear. Outside of clinic hours, if you have any questions, please do not hesitate to use my pager at (416) 825-1311.

Dr. Ran Midroni

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